



Best Approach: Hawaii 2010

Monday, March 1 – Thursday, March 4, 2010

Sheraton Maui Resort

Ka'anapali Beach, Maui, Hawaii

About the Course

This course is designed to review and update practical approaches to clinical conditions commonly encountered in the outpatient setting. Featuring lectures and case presentations, course content will provide the best available evidence and take-home strategies to help clinicians improve their daily practice.

Objectives

At the end of this conference, participants will be able to:

- Evaluate and manage the patient presenting with headache.
- Incorporate management principles for melanoma and non-melanoma skin cancers into patient care.
- Describe the role physical inactivity plays in human health and integrate strategies to help overcome a toxic environment.
- Effectively evaluate, treat, and manage patients presenting with depression.
- Provide care strategies for urinary difficulties associated with aging.
- Outline the indications and risk stratifications for cardiac testing prior to surgery.
- Identify basic (and challenging) ECG tracings and determine the next steps in care.
- Diagnose and treat common foot conditions.
- Integrate carotid disease updates into clinical practice.
- Discuss the current strategy and treatment recommendations for hip problems in young, active individuals, with a focus on femoroacetabular impingement.
- Demonstrate the fundamentals of the physical exam of the knee and hip, including special tests for meniscal pathology and ligament injuries (knee) and screening for labral tears and femoroacetabular impingement (hip).
- Recognize common behavioral health conditions and formulate appropriate treatment plans.
- Apply updates in dermatology practice, including approaches to common problems such as acne.
- Recognize and manage aortoiliac pathology.
- Evaluate and manage patients with osteoporosis.
- Evaluate and manage the patient presenting with stroke.



GroupHealth®

Office of Continuing Medical Education





Program Agenda

Monday, March 1, 2010

6:15 – 7:00 a.m.	Registration & Refreshments
7:00 – 7:15	Introduction – <i>John Gayman, MD</i>
7:15 – 8:15	Update on Current Diagnosis and Management of Headache – <i>Tim Scearce, MD</i>
8:15 – 9:15	Skin Cancer Pearls and Pitfalls – <i>Andrew Shors, MD, MPH</i>
9:15 – 9:30	Break
9:30 – 10:30	Underuse Syndromes and the New Physical Activity Guidelines for Americans – <i>John Gayman, MD</i>
10:30 – 11:30	Depression – <i>James A. Parker, MD, MHA</i>
11:30 a.m.	Evaluation & Adjournment

Tuesday, March 2, 2010


12:30 – 1:00 p.m.	Registration & Refreshments
1:00 – 1:15	Introduction – <i>John Gayman, MD</i>
1:15 – 2:00	Aging Waterworks: Urinary Problems of the Elderly – <i>Fred Heidrich, MD</i>
2:00 – 2:45	An Update on Perioperative Cardiac Assessment for Noncardiac Surgery – <i>Nathan E. Green, MD, FACC</i>
2:45 – 3:00	Break
3:00 – 4:15	Repeating Workshops <ul style="list-style-type: none">A. ECG Cases – <i>Nathan E. Green, MD, FACC</i>B. Heal the Heel, Fix the Feet: An Approach to Common Foot Problems in Primary Care – <i>John Gayman, MD</i>
4:15 – 5:30	Workshops Repeat
5:30 p.m.	Evaluation & Adjournment
6:30 p.m.	Family Reception

Wednesday, March 3, 2010

6:30 – 7:00 a.m.	Registration & Refreshments
7:00 – 7:15	Introduction – <i>Nathan E. Green, MD, FACC</i>
7:15 – 8:15	Carotid Disease: Office Decision-Making – <i>William “Chuck” McQuinn, MD</i>
8:15 – 9:15	Hip Preservation in the Young, Active Adult – <i>Cara Beth Lee, MD</i>
9:15 – 9:30	Break
9:30 – 10:45	Repeating Workshops <ul style="list-style-type: none">A. Physical Exam of the Hip and Knee – <i>Cara Beth Lee, MD</i>B. Behavioral Health Cases – <i>James A. Parker, MD, MHA</i>
10:45 – 12:00	Workshops Repeat
12:00 p.m.	Evaluation & Adjournment

Thursday, March 4, 2010

6:30 – 6:50 a.m.	Registration & Refreshments
6:50 – 7:00	Introduction – <i>Fred Heidrich, MD</i>
7:00 – 8:00	Dermatology Update – <i>Andrew Shors, MD, MPH</i>
8:00 – 9:00	Aortoiliac Pathology: Detection, Management, and Office Decision-Making – <i>William “Chuck” McQuinn, MD</i>
9:00 – 9:15	Break
9:15 – 10:15	Osteoporosis Update – <i>Fred Heidrich, MD</i>
10:15 – 11:15	Update on Current Diagnosis and Management of Stroke – <i>Tim Scearce, MD</i>
11:15 a.m.	Evaluation & Adjournment



John Gayman, MD

Family Medicine, Capitol Hill Family Health Center
Faculty, Group Health Family Medicine Residency
Group Health Permanente
Associate Clinical Professor of Medicine
University of Washington

Nathan E. Green, MD, FACC

General and Interventional Cardiology
Capitol Hill Specialty Services
Group Health Permanente

Fred Heidrich, MD

Family Medicine
Capitol Hill Family Health Center
Group Health Permanente

Cara Beth Lee, MD

Orthopaedic Surgery
Capitol Hill Specialty Services
Group Health Permanente

William "Chuck" McQuinn, MD

Vascular Surgery
Capitol Hill Specialty Services
Group Health Permanente

James A. Parker, MD, MHA

Behavioral Health Services, Metropolitan Park
Group Health Permanente
Assistant Clinical Professor of Psychiatry and Behavioral Sciences
University of Washington

Tim Scearce, MD

Neurology, Capitol Hill Specialty Services
Group Health Permanente
Associate Clinical Professor of Neurology
University of Washington

Andrew Shors, MD, MPH

Dermatology, Capitol Hill Specialty Services
Group Health Permanente
Assistant Clinical Professor of Medicine
University of Washington

Best Approach: Hawaii • Mon., March 1 - Thur., March 4, 2010

Accreditation and Disclosure

Group Health Cooperative is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians. Group Health Cooperative designates this educational activity for a maximum of **16.5 hours in Category 1** to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. Group Health Cooperative designates this educational activity for a maximum of **16.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.



Lodging and Registration

A natural promontory rises 100 feet above the sparkling surf. This is called Pu'u Keka'a—hill creating strength through enlightenment. For ancient Hawaiian royalty, it was a magical place. Now, generations later, this ancient spirit is reborn at the Sheraton Maui. From the moment of arrival, the promise of this legendary location is clear. The elevated grand lobby reveals a panorama of natural wonders—the cobalt-blue Pacific, the golden sand of Ka'anapali Beach, neighboring islands in the distance, and a fantastic oceanfront swimming lagoon surrounded by lush tropical landscaping. The lobby is merely the gateway to a Hawaiian resort unlike any other. Situated on a beautiful wide stretch of beach, the Sheraton Maui is just three miles from Lahaina, a historic whaling capital, and within walking distance of Whalers Village Museum and Shopping Center.



Reservations

The Sheraton Maui Resort is offering run-of-house rooms at \$220 (these rooms are limited and are first-come, first-served) and run-of-ocean rooms at \$250. Rates are based on single or double occupancy and do not include tax (currently 13.41%) and a resort charge of \$14.58 plus tax. There will be an additional charge of \$70 plus tax for additional adults (18 or older) in a room.

Please make your reservations directly with the hotel at 808-921-4645. To receive the group rate, be sure to let the reservation attendant know that you are with Group Health Cooperative. A two-night room and tax deposit will be collected at the time of reservation. All reservations must be made no later than January 28, 2010.

Group Health Cancellation Policy

The Office of Continuing Medical Education must receive telephone or written notification of your cancellation. A \$35 processing fee will be deducted from refund requests received at least 14 days before the first day of the course. Requests for cancellation received within 14 days of a course will be given a refund less half of the tuition fee. No refunds will be issued following the beginning date of the course.

The Office of Continuing Medical Education exercises the right to conduct its courses based on meeting a minimum enrollment. This office reserves the right to cancel this course 30 days prior to the course date. Each registrant will be notified and given a full refund. Group Health Cooperative is not responsible for any costs incurred such as airline or hotel penalties.

Best Approach: Hawaii 2010

Mon., March 1 – Thur., March 4, 2010 • Sheraton Maui Resort • Ka'anapali Beach, Maui, Hawaii

TUITION

- Medical Staff: \$495
- Locum Tenens, ARNPs, Nursing, Others: \$395
- Residents: \$375

Register and pay in full by Dec. 18, 2009 and deduct \$50 from your tuition payment!

Name _____ Title _____

Email _____ Mailstop _____

Credit Card Billing Address Required: Daytime Phone _____

Address _____

City, State, Zip _____

Payment Method: Check Enclosed VISA MasterCard

Name as it appears on the card _____

Card Number _____ Expiration Date _____



**Please make check payable to
GHC CME and mail to:**

Group Health CME Dept.,
201 16th Ave. E, CWB-3
Seattle, WA 98112

For more information contact:

Lisa Segerstrom
phone: 206-326-3934 (330-3934)
e-mail: segerstrom.l@ghc.org
fax: 206-877-0714



Continuing Medical Education
201 16th Ave. E, CWB-3
Seattle, WA 98112

