



# Best Approach: Hawaii 2011

Monday, Feb. 28 – Thursday, March 3, 2011

Sheraton Kauai Resort  
Poipu Beach, Kauai, Hawaii

## About the Course

This course is designed to update clinicians on the best approaches to caring for patients and enhancing their profession to effectively sustain their practice. Expert faculty will discuss the most current information regarding evidence-based treatment and management of the most commonly seen clinical conditions including diabetes, hepatitis B and C, pain management, wound care, surgical emergencies, and more. Through lectures and case presentations, clinicians will discover the latest tools and techniques to improve the care of patients, and learn methods to find balance in their practice.

## Objectives

At the end of this conference, participants will be able to:

- Decide when and how best to screen for diabetes.
- Use Epic more efficiently by manipulating a variety of tools.
- Describe methods for evaluating and managing patients with hepatitis B and C.
- Identify behaviors and characteristics of opioid use, disorders, and under-treatment of pain.
- Review practical evidence-based approaches to support patients recovering from substance dependence.
- Discover additional tricks in Epic to maximize its use within the clinic.
- Respond to common concerns from patients with celiac sprue, and recommend appropriate management options.
- Outline common controversial topics in diabetes management and help patients make good treatment choices.
- Describe the latest tools and techniques used in neurosurgery.
- Apply methods to identify surgical wound infection in patients.
- Summarize the philosophy and techniques used in motivational interviewing.
- Utilize current approaches to wound care management.
- Explain the impact of spinal deformity in patients of all ages and discuss treatment options.
- Identify ways to improve the sustainability of their practice and balance of their home life.
- Discuss appropriate management of acute surgical emergencies.
- Apply up-to-date strategies for caring for patients with infectious disease.



**GroupHealth**®

Office of Continuing Medical Education





## Program Agenda

### Monday, Feb. 28, 2011

- 6:15 – 7:00 a.m. Registration & Refreshments  
7:00 – 7:15 Introduction – David K. McCulloch, MD, FRCP  
7:15 – 8:15 Pre-diabetes: Should We Screen or Not – David K. McCulloch, MD, FRCP  
8:15 – 9:15 Practice Efficiency in EPIC – Chris Thayer, MD  
9:15 – 9:30 Break  
9:30 – 10:30 All About the Liver: NASH (Nonalcoholic Steatohepatitis), Hep C, and Hep B Update – Tom Ylvisaker, MD  
10:30 – 11:30 Patient-centered Approaches to Chronic Opioid Management – Ryan M. Caldeiro, MD  
11:30 a.m. Evaluation & Adjournment

### Tuesday, March 1, 2011

- 12:30 – 1:00 p.m. Registration & Refreshments  
1:00 – 1:15 Introduction – David K. McCulloch, MD, FRCP  
1:15 – 2:15 Practical Approaches to Management of Addiction in Primary Care – Ryan M. Caldeiro, MD  
2:15 – 3:15 More Tricks with Epic – Chris Thayer, MD  
3:15 – 3:30 Break  
3:30 – 4:30 Celiac Sprue Update – Tom Ylvisaker, MD  
4:30 – 5:30 Hot Topics in Diabetes – David K. McCulloch, MD, FRCP  
5:30 p.m. Evaluation & Adjournment  
6:30 p.m. Family Reception

### Wednesday, March 2, 2011

- 6:30 – 7:00 a.m. Registration & Refreshments  
7:00 – 7:15 Introduction – Jeffrey Grice, MD  
7:15 – 8:15 Hot Topics in Spinal Surgery: Minimally Invasive Surgical Options for the Aging Spine – Rajiv Sethi, MD  
8:15 – 9:15 Motivational Interviewing – Jeffrey Grice, MD  
9:15 – 9:30 Break  
9:30 – 10:30 Surgical Infections – Amy Harper, MD  
10:30 – 11:30 Wound Care Management – Paul Thottingal, MD, FRCPC  
11:30 a.m. Evaluation & Adjournment

### Thursday, March 3, 2011

- 6:30 – 7:00 a.m. Registration & Refreshments  
7:00 – 7:15 Introduction – Jeffrey Grice, MD  
7:15 – 8:15 Spinal Deformity in Patients: From Children to the Elderly – Rajiv Sethi, MD  
8:15 – 9:15 Work and Life Balance – Jeffrey Grice, MD  
9:15 – 9:30 Break  
9:30 – 10:30 Management of Acute Surgical Emergencies – Amy Harper, MD  
10:30 – 11:30 Infectious Disease Case Presentations – Paul Thottingal, MD, FRCPC  
11:30 a.m. Evaluation & Adjournment

## Program Faculty

### **Ryan M. Caldeiro, MD**

Chief, Chemical Dependency Services  
Behavioral Health Services, Metropolitan Park  
Group Health  
Clinical Instructor, Department of Psychiatry and Behavioral Sciences  
University of Washington

### **Jeffrey Grice, MD**

Associate Medical Director, Human Resources & Compliance  
Group Health

### **Amy Harper, MD**

Surgery, Capitol Hill Family Health Center  
Group Health

### **David K. McCulloch, MD, FRCP**

Diabetologist & Medical Director of Clinical Improvement  
Group Health  
Clinical Professor of Medicine  
University of Washington

### **Rajiv Sethi, MD**

Orthopedic Spinal Surgery  
Spinal Deformity and Complex Reconstruction  
Neurosurgery, Capitol Hill Specialty Services  
Virginia Mason Medical Center and Group Health

### **Chris Thayer, MD**

Family Medicine, Capitol Hill Family Health Center  
Group Health

### **Paul Thottingal, MD, FRCPC**

Medical Director, Consultative Wound Care Team  
Infectious Disease, Capitol Hill Specialty Services  
Group Health

### **Tom Ylvisaker, MD**

Gastroenterology, Bellevue Medical Center  
Group Health  
Clinical Professor of Medicine  
University of Washington

*Best Approach: Hawaii • Mon., Feb. 28 - Thur., March 3, 2011*

## Accreditation and Disclosure

Group Health Cooperative is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians.

Group Health Cooperative designates this educational activity for a maximum of **16.00 hours in Category I** to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission.

Group Health Cooperative designates this educational activity for a maximum of **16.00 AMA PRA Category 1 Credit(s)**™.

Physicians should only claim credit commensurate with the extent of their participation in the activity. Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.



## Lodging and Registration

Imagine a destination where warm tropical days, brilliant blue skies, crystalline waters, and cool breezes converge. On the south side of serene Kauai, nestled along the shoreline, you'll be immersed in the heart of the island's beauty while experiencing a luxurious vacation. Although many Hawaii hotels are surrounded by incredible natural wonders, it's at the beachfront Sheraton Kauai Resort where you can experience a beauty of rare splendor with personal service and Aloha. Every guest room in the Beach and Ocean Wings faces the sea, and is perfectly situated to greet the morning sunrise. For those who prefer quiet beauty, the Garden Wing accommodations overlook acres of vibrant tropical blooms and sparkling waterfalls.



### Reservations and Hotel Cancellation

If reservations are made before Nov. 26, 2010 the Sheraton Kauai Resort is offering Deluxe Garden Rooms at \$200 and Deluxe Oceanfront Rooms at \$225. After Nov. 26, 2010, Deluxe Garden rooms will be \$220 and Deluxe Oceanfront rooms will be \$250. Rates are based on single or double occupancy, and do not include tax (currently at 12.416%). There will be an additional charge of \$50 plus tax for each additional adult (18 or older) in a room.

**Please make your reservations directly with the hotel at (888) 847-0208.** To receive the group rate, be sure to let the reservation attendant know that you are with Group Health Cooperative. A two-night room and tax deposit will be collected at the time of reservation, and upon check-in, will be applied towards your bill. Deposits paid by guests are refundable if notice is received by the Sheraton at least 14 days prior to arrival and a cancellation number is obtained. **All reservations must be made no later than Jan. 27, 2011.**

### Group Health Cancellation Policy

The Office of Continuing Medical Education must receive telephone or written notification of your cancellation at least 14 days before the first day of the course. A \$35 processing fee will be deducted from refund requests. Requests for cancellation received within 14 days of a course will be given a refund less half of the tuition fee. No refunds on course tuition will be issued following the beginning date of the course.

The Office of Continuing Medical Education exercises the right to conduct its courses based on meeting a minimum enrollment. This office reserves the right to cancel this course 30 days prior to the course date. Each registrant will be notified and given a full refund. Group Health Cooperative is not responsible for any costs incurred such as airline or hotel penalties.

## Best Approach: Hawaii 2011

Monday, Feb. 28 - Thursday, March 3, 2011 • Sheraton Kauai Resort, Poipu Beach, Kauai, Hawaii

### TUITION

- Medical Staff: \$495
- Locum Tenens, ARNPs, Nursing, Others: \$395
- Residents: \$375

**Register and pay in full by Dec. 17, 2010 and deduct \$50 from your tuition payment!**

Name \_\_\_\_\_ Title \_\_\_\_\_

Email \_\_\_\_\_ Mailstop \_\_\_\_\_

Credit Card Billing Address Required: Daytime Phone \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Payment Method:  Check Enclosed  VISA  MasterCard

Name as it appears on the card \_\_\_\_\_

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

To protect your payment information, please do not fax or e-mail credit card information. Please send your registration via U.S. mail, Group Health interoffice mail, or call the CME office at 206-326-2337.

**Please make check payable to**  
GHC CME and mail to:  
Group Health CME Dept.,  
201 16th Ave. E, CWB-3  
Seattle, WA 98112

**For more information contact:**  
John Graham  
phone: 206-326-4551 (330-4551)  
e-mail: graham.john@ghc.org  
fax: 206-877-0714



Continuing Medical Education  
201 16th Ave. E, CWB-3  
Seattle, WA 98112

