

## Registration & Accreditation

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category I credit, providers are required to attest to how many hours they were actually present at the given activity by completing a Verification of Hours form provided by the CME office. Failure to return this form will result in denial of credit for that activity.

Group Health Cooperative is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians. Group Health Cooperative designates this educational activity for a maximum of **7.75 hours in Category I** to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. Group Health Cooperative designates this educational activity for a maximum of **7.75 AMA PRA Category I Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.

### Orthopedics for Primary Care

Wednesday, June 4, 2008

WaMu Leadership Center at Cedarbrook, SeaTac, Wash.

#### Tuition

- Medical Staff: \$175
- Residents, Locum Tenens, ARNPs, Nursing, Others: \$125

Name \_\_\_\_\_ Title \_\_\_\_\_

Daytime Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Address or GHC Mailstop \_\_\_\_\_

City/State/Zip \_\_\_\_\_

#### Payment Method

- Check enclosed
- VISA
- Mastercard

Name as it appears on card \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. \_\_\_\_\_

Signature \_\_\_\_\_

**Please make check payable to**  
GHC CME and mail to:  
Office of CME  
201 16th Ave. E, CEB-138  
Seattle, WA 98112

**For more information contact:**  
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## Orthopedics for Primary Care

Wednesday, June 4, 2008

WaMu Leadership  
Center at Cedarbrook  
SeaTac, Wash.

#### About the Course

This course is designed to provide primary care practitioners with information and skills to help evaluate and treat patients presenting musculoskeletal issues.

#### Course Objectives

At the end of this educational program, participants will be able to:

- Apply current approaches to treat musculoskeletal problems, including knee, shoulder, hand, and various sports-related injuries.
- Develop strategies for the assessment and treatment of common overuse injuries.
- Utilize appropriate and cost-effective imaging techniques to manage musculoskeletal conditions.
- Evaluate patients for pre-surgical care and know when to make a referral.
- Incorporate contemporary approaches into daily practice to diagnose and treat various musculoskeletal injuries.



GroupHealth

Office of Continuing Medical Education

# Agenda



## John Gayman, MD

Family Medicine  
Capitol Hill Family Health Center  
Associate Program Director  
Family Medicine Residency, Group Health Permanente

## David B. Honari, MD

Orthopedic Surgery  
Eastside Specialty Services, Group Health Permanente

## J. Chris Osgood, MD

Orthopedic Surgery  
Tacoma Medical Center, Group Health Permanente

## Divya Singh, MD

Orthopedic Surgery  
Eastside & Central Specialty Services, Group Health Permanente

## Thomas Stoll, MD

Orthopedic Surgery  
Eastside Specialty Services, Group Health Permanente

## Henry A. Tanz, MD

Orthopedic Surgery  
Tacoma Medical Center, Group Health Permanente



# Location

WaMu Leadership Center at Cedarbrook  
18525 36<sup>th</sup> Ave. S • SeaTac, WA 98188

Phone: 206-901-9268

Driving Directions and Map:

<http://www.cedarbrookcenter.com/findus.html>

# Faculty

## a.m.

7:30 – 8:00 a.m.  
Refreshments & Registration

8:00 – 8:15 a.m.  
Introduction – David B. Honari, MD

8:15 – 9:15 a.m.  
Management of Common Sports Injuries  
David B. Honari, MD

9:15 – 10:30 a.m.  
Diagnosis & Management of Shoulder Injuries (Including Exam)  
J. Chris Osgood, MD

10:30 – 10:45 a.m.  
Break

10:45 – 11:30 a.m.  
Hand Injuries  
Divya Singh, MD

11:30 – 12:30 p.m.  
Overuse Injuries: Hip, Elbow, Foot, and Lower Leg  
John Gayman, MD

12:30 – 1:30 p.m.  
Lunch

## p.m.

1:30 – 2:45 p.m.  
Diagnosis & Management of Acute Knee Injury (Including Exam)  
Thomas Stoll, MD

2:45 – 3:45 p.m.  
Appropriate Imaging Techniques and When to Make a Referral  
Henry A. Tanz, MD

3:45 – 4:00 p.m.  
Break

4:00 – 5:00 p.m.  
Case Presentations  
Thomas Stoll, MD

5:00 – 5:30 p.m. Evaluation & Adjourment