

Pediatrics and Geriatrics for Primary Care

Thursday, Dec. 10 – Friday, Dec. 11, 2009
Cedarbrook Conference Center
SeaTac, Wash.



About the Course

This course will review the latest updates in pediatric and geriatric primary care. Course content will be clinically oriented and will include case presentations that will provide attendees with take-home strategies for the effective evaluation, treatment, and management of these patient populations.

Course Objectives

At the end of the course, attendees will be able to:

- Communicate with patients and families the evidence related to common vaccine-related concerns.
- Discriminate between pathologic and non-pathologic gait abnormalities in the young child.
- Define the work-up and management of gastroesophageal reflux disease in children.
- Promote intervention and improvement of constipation and encopresis.
- Evaluate pediatric patients presenting with dermatology issues.
- Identify general sports-related risk factors for injury in children, adolescents, and unique risk factors for adolescent girls.
- Assess when to request a consultation for abnormal growth patterns in children.
- Respond to common concerns and recommend appropriate management of pediatric fever.
- Utilize the latest approaches and strategies for caring for pediatric patients with infectious disease.
- Apply new treatment practices for polycystic ovary syndrome.
- Review the diagnosis, evaluation, and management of common pediatric headache syndromes, and cite updates from recent literature.
- Outline the key elements of senior well-visits and the organized approach to care.
- Consult reviewed evidence for the diagnosis and treatment of persons with memory concerns, mild cognitive impairment, and dementia.
- Recognize the needs of caregivers and family members of geriatric patients, and discuss appropriate support options.
- Distinguish and appropriately prescribe a variety of medications in the geriatric patient.
- Discuss the diagnosis and treatment for geriatric hip and knee replacements.
- Evaluate patients for cardiological problems such as hypertension, congestive heart failure, and rhythm disorders.
- Implement tools and techniques to effectively manage complex, older patients.
- Summarize current recommendations for patients with essential tremor or Parkinson's disease.
- Explain the details involved in palliative care and advance care planning to patients and their family.

Agenda

Pediatric Program: Thursday, December 10, 2009

a.m.

7:30 – 8:00

Refreshments & Registration

8:00 – 8:15

Intro — *Michelle Heng, MD*

8:15 – 9:15

Immunization: Evidence vs. Fears — *John B. Dunn, MD, MPH*

9:15 – 9:45

Gait Abnormalities in the Young Child

Klane K. White, MD, MSc

9:45 – 10:00

Break

10:00 – 10:30

Gastroesophageal Reflux Disease Updates — *Tyler Burpee, MD*

10:30 – 11:00

Poopy Kids, Angry Parents, and Treatment Failures: What's a Doc to Do? — *Nancy Glass-Quattrin, RN, BSN, BCIAC*

11:00 – 11:45

Update in Pediatric Dermatology — *Virginia P. Sybert, MD*

11:45 – 12:45

Lunch

p.m.

12:45 – 1:15

Risk Factors for Pediatric Sports Injuries — *Bill Huff, MD*

1:15 – 2:00

Growth Patterns: What is Abnormal?

Ildi H.Koves, MD, FRACP

2:00 – 2:30

Pediatric Fever: Myths and Realities — *Michelle Heng, MD*

2:30 – 2:45

Break

2:45 – 3:15

Pediatric Infectious Disease — *Zachary Miller, MD*

3:15 – 3:45

Polycystic Ovary Syndrome Update — *Leslie R. Walker, MD*

3:45 – 4:15

Pediatric Headache Updates — *Heidi Blume, MD, MPH*

4:15

Evaluation & Adjournment

Geriatric Program: Friday, December 11, 2009

a.m.

7:30 – 8:00

Refreshments & Registration

8:00 – 8:15

Introduction — *Christine (Himes) Fordyce, MD*

8:15 – 9:00

Healthy Aging: Focusing on the Older Adult Well-Visit

Christine (Himes) Fordyce, MD

9:00 – 10:00

Dementia: Diagnosis, Treatment, and Clinical Pearls

Tim Searce, MD

10:00 – 10:15

Break

10:15 - 10:45

Caregiver Needs and Family Conferences

Susan Eclipse, MSW, LICSW

10:45 - 11:30

The Yin and Yang of Geriatric Pharmacology: Clinical Pearls for Finding the Middle Ground in the Medical Management of the Geriatric Patient — *Gregory L. Holmquist, PharmD, CPE*

11:30 - 12:15

Hip/Knee Replacement and Hip Fracture/Fall Prevention

Charlie Jung, MD

12:15 - 1:15

Lunch

p.m.

1:15 - 2:15

Common Cardiology Problems in the Elderly: Hypertension Management, CHF, Rhythm Disorders
Lee Amsler, MD, FACC

2:15 – 3:00

Tricks for Managing Visits with Complex, Frail, Older Patients
Martin Levine, MD

3:00 – 3:15

Break

3:15 – 4:00

The Shaky Patient: Parkinson's Disease and Essential Tremor
Diagnosis and Management — *Rich Mesher, MD*

4:00 – 5:00

Palliative Care and Advance Care Planning for Older Adults
Kate Brostoff, MD

5:00

Evaluation & Adjournment

Location

Cedarbrook Conference Center

18525 36th Ave. S • SeaTac, WA 98188

Phone: 206-901-9268

Driving Directions and Map:

<http://www.cedarbrookcenter.com/findus.html>

Faculty

Lee Amsler, MD, FACC

Cardiology, Capitol Hill Specialty Services, Group Health Permanente

Heidi Blume, MD, MPH

Pediatric Neurology, Seattle Children's Hospital; Acting Assistant Professor, University of Washington

Kate Brostoff, MD

Medical Director, Clinical Support & Business Development Services
Hospice & Home Health Chief, Continuing Care, Group Health Permanente

Tyler Burpee, MD

Gastroenterology, Hepatology, and Nutrition, Seattle Children's Hospital
Assistant Professor of Pediatrics, University of Washington

John B. Dunn, MD, MPH

Co-Chair, Immunization Population Management Team
Affiliate Investigator, Center for Health Studies, Group Health Cooperative
Clinical Instructor of Medicine, University of Washington

Susan Eclipse, MSW, LICSW

Social Work, Capitol Hill Family Health Center, Group Health Cooperative

Christine (Himes) Fordyce, MD

Medical Director, Healthy Aging Program
Family Medicine and Geriatrics, Northgate Medical Center, Group Health Permanente
Clinical Associate Professor of Medicine, University of Washington

Nancy Glass-Quattrin, RN BSN, BCIAAC

President and Nurse Clinician, Encopresis Treatment Center, Edmonds Wash.

Michelle Heng, MD

Practice Team Chief, Pediatrics, Redmond Medical Center, Group Health Permanente

Gregory L. Holmquist, PharmD, CPE

Clinical Pharmacist, Pain and Palliative Care, Group Health Cooperative

Bill Huff, MD

Sports Medicine, Capitol Hill Specialty Services, Group Health Permanente

Charlie Jung, MD

Orthopedic Surgery, Capitol Hill Specialty Services, Group Health Permanente

Ildi H. Koves, MD, FRACP

Endocrinology and Diabetes, Seattle Children's Hospital
Clinical Assistant Professor, Endocrinology and Diabetes, University of Washington

Martin Levine, MD

Family Medicine & Geriatric Medicine
Medical Center Chief, Northgate Medical Center, Group Health Permanente

Rich Mesher, MD

Neurology, Capitol Hill Specialty Services, Group Health Permanente

Zachary Miller, MD

Infectious Disease & Pediatrics, Capitol Hill Specialty Services; Board Rep., Group Health Permanente
Clinical Professor of Pediatrics, University of Washington

Tim Scarce, MD

Neurology, Capitol Hill Specialty Services, Group Health Permanente
Clinical Associate Professor of Neurology, University of Washington

Virginia P. Sybert, MD

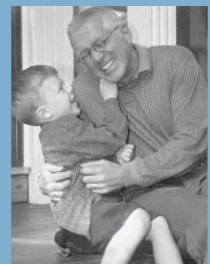
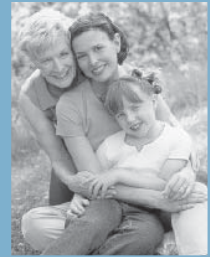
Pediatric Dermatology/Dermatology, Capitol Hill Specialty Services, Group Health Permanente
Clinical Professor of Medicine, University of Washington

Leslie R. Walker, MD

Director, Adolescent Medicine, Seattle Children's Hospital
Associate Professor and Chief, Division of General Pediatrics, University of Washington

Klane K. White, MD, MSc

Orthopedics, Seattle Children's Hospital; Assistant Professor of Orthopedic Surgery, University of Washington



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TUITION: BOTH DAYS:

- Medical Staff: \$275 Residents: \$215
 Locum Tenens, ARNPs, Nursing, Others: \$215

ONE DAY (please check which day you plan to attend):

- Medical Staff: \$175 Residents: \$125
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 Pediatrics Program: Thursday, Dec. 10, 2009
 Geriatrics Program: Friday, Dec. 11, 2009

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