

## Registration & Accreditation

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by completing a Verification of Hours form provided by the CME office. Failure to return this form will result in denial of credit for that activity.

Group Health Cooperative is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians.

Group Health Cooperative designates this educational activity for a maximum of 7.0 hours in Category 1 to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission.

Group Health Cooperative designates this educational activity for a maximum of 7.0 AMA PRA Category I Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.

## Women's Health for Primary Care

Friday, June 4, 2010  
Cedarbrook Lodge, SeaTac, Wash.

### Tuition

- Medical Staff: \$175                       Resident: \$125  
 Locum Tenens, ARNPs, Nursing, Others: \$150

Name \_\_\_\_\_ Title \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Mailstop \_\_\_\_\_

E-mail \_\_\_\_\_

### Credit Card Billing Address Required:

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### Payment Method

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**Please make check payable to**  
GHC CME and mail to:  
Office of CME  
201 16th Ave. E, CWB-3  
Seattle, WA 98112

**For more information contact:**  
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## Women's Health for Primary Care

Friday, June 4, 2010  
Cedarbrook Lodge  
SeaTac, Wash.

### About the Course

This course is designed to address a wide range of clinical topics associated with women's health. Attendees will receive clinical updates and useful management strategies for commonly seen conditions. Course content will be clinically-oriented, informal, and interactive, with illustrative case presentations and opportunities for questions and comments.

### Target Audience

Primary care clinicians and health care teams

### Course Objectives

At the end of the conference, attendees will be able to:

- Explain current strategies for managing menopausal symptom treatment.
- Review controversial issues about osteoporosis based on questions raised by primary care.
- Utilize the latest approaches and strategies for the treatment of decreased libido.
- Recognize, diagnose, and treat metabolic syndrome in young women with polycystic ovary syndrome.
- Compare therapeutic approaches for pelvic pain and dysmenorrhea.
- Employ up-to-date skills and strategies for the evaluation and management of pregnant patients with depression.
- Discuss current breast cancer screening techniques and standards.



Continuing Medical Education

# Faculty

## Janet Chestnut, MD

Oncology, Riverfront Medical Center  
Co-chair, Cancer Screening at Group Health  
Group Health Permanente

## Diane Dakin, MD

Family Medicine, Olympia Medical Center  
Group Health Permanente

## Jane Dimer, MD, FACOG

Ob/Gyn, Capitol Hill Specialty Services  
Service Line Chief, Women's Health  
Group Health Permanente

## Fred Heidrich, MD, MPH

Family Medicine, Capitol Hill Family Health Center  
Group Health Permanente  
Clinical Professor of Family Medicine,  
University of Washington

## Donna Lohmann, MD

Psychiatry, Behavioral Health Services, Seattle  
Group Health Permanente

## Sara Thompson, MD

Program Director, Family Medicine Residency  
Family Medicine, Capitol Hill Family Health Center  
Group Health Permanente

## Angela Thyer, MD

Reproductive Endocrinology and Infertility  
Seattle Reproductive Medicine



## Location

Cedarbrook Lodge  
18525 36<sup>th</sup> Ave. S • SeaTac, WA 98188 • Phone: 206-901-9268

Driving Directions and Map:  
[http://www.cedarbrooklodge.com/maps\\_directions.php](http://www.cedarbrooklodge.com/maps_directions.php)

# Agenda

## a.m.

**7:30 – 8:00**

Registration

**8:00 – 8:15**

Introduction – *Diane Dakin, MD*

**8:15 – 9:15**

Menopausal Symptom Treatment Update – *Sara Thompson, MD*

**9:15 – 10:15**

Osteoporosis 201, Hard Issues About Soft Bones – *Fred Heidrich, MD, MPH*

**10:15 – 10:30**

Break

**10:30 – 11:30**

Treatment of Decreased Libido – *Jane Dimer, MD, FACOG*

**11:30 – 12:30**

Polycystic Ovary Syndrome and Metabolic Syndrome: Something New to Worry About – *Angela Thyer, MD*

## p.m.

**12:30 – 1:30**

Lunch

**1:30 – 2:30**

Pelvic Pain and Dysmenorrhea – *Jane Dimer, MD, FACOG*

**2:30 – 2:45**

Break

**2:45 – 3:45**

Pregnancy and Depression – *Donna Lohmann, MD*

**3:30 – 4:45**

Breast Cancer Screening Update – *Janet Chesnut, MD*

**4:45**

Evaluation and Adjournment