

Pain relief

What to expect
and how you
can help

Each of us experience pain and discomfort differently. If you are in pain, please let us know.

We will listen closely and respond to your reports of pain.

We will ask you about your pain—when we first see you and while we care for you.

We will work with you and your health care team to manage your pain.

We will help you set realistic pain relief expectations and work with you to meet them.

To better understand your needs, we ask that you:

Tell us when you hurt, even if the pain is expected.

Help us measure your pain. Describe it in detail.

Tell us about pain that will not go away.

Tell us what has worked in the past to relieve pain.

Tell us if you have any concerns about taking pain medications.

**Together we can make you feel better.
We look forward to caring for you.**



GroupHealth