

Study	Population	Intervention	Results	Validity/Conclusion																																																																
<p>McCallum et al, 2010. Study type: Crossover RCT.</p> <p>Objective: To evaluate the efficacy and safety of Enterra therapy in patients with intractable nausea and vomiting from diabetic gastroparesis (DGP).</p> <p>Primary outcomes: % reduction in weekly vomiting frequency (WVF) during the ON period relative to OFF period.</p> <p>Secondary outcomes: % reduction in WVF at 12 months relative to baseline. Symptom scores and QoL.</p> <p>N of patients: N=55 received the device, 45 randomized.</p> <p>Blinding: Double-blind.</p> <p>Follow-up: 12 months. 88.6% complete</p>	<p>Inclusion criteria: 1. Age ≥18 years. 2. Symptomatic gastroparesis due to DM or idiopathic. 3. Unresponsive or intolerant to prokinetic and antiemetic drugs tried for 1 month. 4. Had at least 7 episodes of vomiting during a consecutive-day period on a 28-day diary. 5. With gastric retention of >10% at 4 hours, or >60% at 2 hours. 6. Able to accurately complete and fill the diary and questionnaire throughout the study. 7. On a stable dose of prokinetic agents for ≥30 days before baseline and be willing to continue the dose throughout the study unless contraindicated.</p> <p>Exclusion criteria: 1. Other underlying illness or cause affecting the gastric motility. 2. Other primary disorders leading to vomiting, or swallowing disorders. 3. Perineal dialysis. 4. Daily narcotics for abdominal pain. 5. Drug or alcohol dependency. 6. Life expectancy <12 months. 7. Other implanted devices. 8. Pregnancy. 9. Undergone radiation therapy to upper abdomen. 10. Planning a MRI.</p> <p>Patient Characteristics: Mean age 38.3 years (range 20-63), 65.5% females, mean BMI 26.4 kg/m², mean duration of GP symptoms 5.9 years (range 1-38 y), median vomiting 16.8 episodes/week. All had delayed gastric emptying, median retention 75.5% at 2 hours, 46.5% at 4 hours. 94.5% were insulin dependent. 23.6% required oral nutritional support, 14.8% enteral and 3.6% parenteral.</p>	<p>The study was conducted in 8 centers in the US. All patients underwent implantation of the Enterra system using either laparoscopy or laparotomy approach. The system was turned ON for 1.5 months after which they were randomized to one of 2 treatment arms: 1. Three months ON followed by three months OFF. Or 2. Three months OFF followed by three months ON.</p> <p>At the end of the crossover period, the device was programmed ON for 4.5 months.</p> <p>All patients were required to record daily vomiting episodes in a 28-day diary. GE was evaluated after a solid meal at baseline at 12 months and annually using a standardized scintigraphy method and a low-fat test meal.</p>	<p>Weekly vomiting frequency (WVF) 6 weeks after implantation (before randomization)</p> <table border="1"> <thead> <tr> <th>Median WVF episodes</th> <th>At baseline</th> <th>at 6 weeks</th> <th>p value</th> </tr> </thead> <tbody> <tr> <td>19.5</td> <td>19.5</td> <td>4.75*</td> <td><0.001</td> </tr> </tbody> </table> <p>*57% reduction from baseline</p> <p>Results at the cross-over phase:</p> <table border="1"> <thead> <tr> <th></th> <th>ON State</th> <th>OFF state</th> <th>P value</th> </tr> </thead> <tbody> <tr> <td>WVF*, median (Interquartile range)</td> <td>3.81 (0.75-14.0)</td> <td>4.25 (0.38-15.1)</td> <td>.215</td> </tr> <tr> <td>Frequency symptom score** (mean ± SD)</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Vomiting</td> <td>2.31 ± 1.43</td> <td>2.03 ± 1.48</td> <td>0.057</td> </tr> <tr> <td>Nausea</td> <td>2.81 ± 1.31</td> <td>2.42 ± 1.56</td> <td>0.369</td> </tr> <tr> <td>Early satiety</td> <td>1.89 ± 1.47</td> <td>1.47 ± 1.44</td> <td>.0493</td> </tr> <tr> <td>Bloating</td> <td>1.83 ± 1.43</td> <td>2.03 ± 1.58</td> <td>0.170</td> </tr> <tr> <td>Fullness</td> <td>1.44 ± 1.38</td> <td>1.64 ± 1.46</td> <td>0.011</td> </tr> <tr> <td>Epigastric pain</td> <td>1.31 ± 1.37</td> <td>1.28 ± 1.41</td> <td>0.295</td> </tr> <tr> <td>Epigastric burning</td> <td>0.92 ± 1.18</td> <td>1.03 ± 7.48</td> <td>0.090</td> </tr> <tr> <td>TSS†</td> <td>12.5 ± 7.10</td> <td>11.89 ± 7.48</td> <td>0.903</td> </tr> </tbody> </table> <p>*N=32 subjects provided diary data to assess WVF at cross-over phase ** N=39 subjects. For each individual a score 0=absent, and 4+ extremely frequent (≥7/wk) The total is the sum of all the individual scores. † Overall frequency symptom score</p> <p>% reduction of WVF at 12 months compared to baseline</p> <table border="1"> <thead> <tr> <th>Analysis</th> <th>N</th> <th>Median % reduction (Interquartile range)</th> <th>P value</th> </tr> </thead> <tbody> <tr> <td>Completed case</td> <td>36*</td> <td>67.8 (23.7-92.4)</td> <td><0.001</td> </tr> <tr> <td>ITT **</td> <td>45</td> <td>66.5 (17.7-90.7)</td> <td><0.001</td> </tr> </tbody> </table> <p>*N=39 finished 12 months follow-up, and only 36 subjects provided diary data to assess WVF. Median WVF 19.5 episodes at baseline and 4.25 at 12 months. ** Only the observations made with the device ON were carried forward for the intention to treat analysis.</p> <p>➔ Quality of life and gastric emptying were significantly improved compared to baseline</p> <p>Adverse events: Total 732 events -687(93.9%) were patient-related, 438 (64% serious (225 hospitalization in 40 patients) -45 (6.1%) were therapy or device related, 15/45 (33%) were serious. -3 patients required surgical intervention -Mortality: 7/55 (12.7%) died at one year; none related to the therapy.</p>	Median WVF episodes	At baseline	at 6 weeks	p value	19.5	19.5	4.75*	<0.001		ON State	OFF state	P value	WVF*, median (Interquartile range)	3.81 (0.75-14.0)	4.25 (0.38-15.1)	.215	Frequency symptom score** (mean ± SD)				Vomiting	2.31 ± 1.43	2.03 ± 1.48	0.057	Nausea	2.81 ± 1.31	2.42 ± 1.56	0.369	Early satiety	1.89 ± 1.47	1.47 ± 1.44	.0493	Bloating	1.83 ± 1.43	2.03 ± 1.58	0.170	Fullness	1.44 ± 1.38	1.64 ± 1.46	0.011	Epigastric pain	1.31 ± 1.37	1.28 ± 1.41	0.295	Epigastric burning	0.92 ± 1.18	1.03 ± 7.48	0.090	TSS†	12.5 ± 7.10	11.89 ± 7.48	0.903	Analysis	N	Median % reduction (Interquartile range)	P value	Completed case	36*	67.8 (23.7-92.4)	<0.001	ITT **	45	66.5 (17.7-90.7)	<0.001	<p>The study was a double-blind, multicenter cross-over RCT. However, it had the disadvantage of lacking a washout periods between the ON stage after implantation, and between the cross-over stages of the study. This makes it hard to determine whether the improvement in symptoms was actually due to the treatment or just a placebo effect of the therapy. GES was not compared to other therapies and the trial included patients who failed therapy for a low as one month.</p> <p>The results of the study show no significant difference in the WVF or other symptoms between the ON and OFF modes, but a significant improvement WVF in the first 6-week unblinded period after implantation vs. baseline, which could have been carried over during the OFF mode.</p>
Median WVF episodes	At baseline	at 6 weeks	p value																																																																	
19.5	19.5	4.75*	<0.001																																																																	
	ON State	OFF state	P value																																																																	
WVF*, median (Interquartile range)	3.81 (0.75-14.0)	4.25 (0.38-15.1)	.215																																																																	
Frequency symptom score** (mean ± SD)																																																																				
Vomiting	2.31 ± 1.43	2.03 ± 1.48	0.057																																																																	
Nausea	2.81 ± 1.31	2.42 ± 1.56	0.369																																																																	
Early satiety	1.89 ± 1.47	1.47 ± 1.44	.0493																																																																	
Bloating	1.83 ± 1.43	2.03 ± 1.58	0.170																																																																	
Fullness	1.44 ± 1.38	1.64 ± 1.46	0.011																																																																	
Epigastric pain	1.31 ± 1.37	1.28 ± 1.41	0.295																																																																	
Epigastric burning	0.92 ± 1.18	1.03 ± 7.48	0.090																																																																	
TSS†	12.5 ± 7.10	11.89 ± 7.48	0.903																																																																	
Analysis	N	Median % reduction (Interquartile range)	P value																																																																	
Completed case	36*	67.8 (23.7-92.4)	<0.001																																																																	
ITT **	45	66.5 (17.7-90.7)	<0.001																																																																	

